

RIGHT ON TRACK

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BOARD, MANAGEMENT
AND STAFF
WISH ALL OUR RESIDENTS,
CLIENTS, PATIENTS
AND THEIR FAMILIES
AND FRIENDS,
A VERY WARM AND
CHEERY SPRING!



From the Chief Executive Officer's Desk

Firstly, I would like to thank all our wonderful residents who give the team at Finley Regional Care the privilege to work in their home. Every day we learn more about their amazing lives and experiences and it is an absolute pleasure to be around our extended family.

The team of caring staff continue to do a great job with many challenges every day; legislation is continually changing along with expectations from all stakeholders in the industry.

Beside many changes being forced upon us from legislation changes, some of which are good for the industry, we have been very busy with projects that will improve the services we can offer to the community and improve the facilities at FRC.

Quality Review Home Care 2017

Finley Regional Care's Home Care Review was held 1st March with all areas "MET" which was an excellent outcome. Congratulations to Shirley Ogilvie and her Home Care team, Jackie Zorzer, Quality Co-ordinator, and all Staff involved in achieving such an outstanding result.

Finley Medical Centre - Our Medical centre continues to be very busy and growing in strength every year, which is a credit to the team. We are very lucky to have three great Doctors who continually go over and beyond every day.

ILU (Independent Living Units) update; we applied for a BBRF (Building Better Regional Fund) grant and wait for the outcome before we could do any more. Although we were unsuccessful with many great applications in for this grant, we are progressing ahead with this project. Currently we are finalising contractors to commence the work. The project will be known as Alumuna Estate "Our Home". Turning of soil will commence by end of this year.

Improvements 2017: we finalised the new Activities Room, installed a new kitchen in House 1, Finley Regional Care has purchased a Kia Carnival and had it 'purpose built' into a People Mover with 7 seats plus a setup to take a wheelchair. This vehicle allows Staff, Family Members or Representatives to transport Residents or Clients out for drives, to visit family, to appointments etc and is proving to be a wonderful asset to our facility; we changed over to the local Finley Pharmacy for all Medications; built 2 x Single Ensuites; Palliative Care Equipment for Community use free of charge;

From the Chief Executive Officer's Desk (cont)

Pilates provided free of charge to Staff 2 x weekly with trainer, Yasmin McGrath, Finley Pilates & Clinical Myotherapy; new curtains will be hung in Cluster 3 in coming weeks from money kindly donated by Auxiliary; Kite Program commenced with Finley Pre School children coming to visit weekly in House 1; Painting currently underway in Houses 4 & 5, providing 2 x Nurses Scholarships to the value of \$5,000 each to one internal application and one external application.

Congratulations - Congratulations to our many Residents on their milestone birthdays this year. We had a wonderful celebration for these Residents who are 90 years of age and older including our two Residents who are both an amazing 102 years of age – such a wonderful achievement.

Leisure & Lifestyle - Big thanks to our wonderful activities team for taking residents to a football game in Albury, trip on the paddle steamer at Yarrawonga, happy hour every month, Finley Men's Shed visit and not to mention all of the regular activities every week.

Winter is now officially over and we look forward to a good spring and some warmer more sunny weather.

Ben Levesque Chief Executive Officer



Our wonderfully signed Kia Carnival 'purpose built' into a People Mover with 7 seats plus a setup to take a wheelchair.



Alumuna

Independent Living Units
coming soon
Watch this space ...

From the Director of Clinical Service's Desk

Welcome to the Spring edition of our newsletter. The days are getting longer, the nights are warmer, gardens are blooming and spirits are uplifted. Our residents are beginning to enjoy the warmth of the spring sunshine in several of our pleasant outdoor sitting areas.

Here at Finley Regional Care there is nothing more important to us than providing every one of our Residents with the very best care. And we consider that one of the best ways we can do it is through educating our staff to have the greatest understanding, and most up to date knowledge about the issues our Residents face in their lives. Right now, there is perhaps no more pressing issue than that of dementia. It is close to epidemic proportions in Australia and will only get worse as our population continues to age. In fact, it is estimated that the number of Australians living with the disease will almost triple to 900,000 by 2050.

Therefore, several of our staff have taken the opportunity to undertake a TAFE NSW Dementia Training course to enhance their skills and understanding of the disease. Further TAFE NSW education in Palliative Care Training, Medication Training, and Communication Training has also been received by staff. In fact, training and education is a major focus throughout the year to ensure our staff are well informed to perform their duties competently and safely. Recently an ACFI (Aged Care Funding Instrument) review was conducted with a satisfying outcome which can be attributed to the ACFI documentation training staff have recently received.

New equipment is always on the agenda and we have acquired many incidental items as well as major purchases such as comfort chairs, a new weigh chair, and I-pads/laptops for use throughout the facility. We have also implemented a new Continence System via Medline, who also provide education on continence management and product use to staff.

The implementation of the electronic medication management system has now been underway for almost a year and has proven to be a successful tool for medication administration. The utilisation of an accredited pharmacist compliments our medication delivery with regular reviews and education ensuring best practice for our residents.

The dynamic nature of our industry has shown a fluctuation in occupancy throughout the year and demonstrated a large need for respite care. I encourage anyone with concerns for their loved one in terms of requiring care to please contact me at the facility.

Jo Davis

Director of Clinical Services

From the Complete Choice Co-ordinator's Desk

It seems we are a bit behind with our newsletters so we have 8 months news to catch you up on.

Quality Review Home Care 2017

Finley Regional Care's Home Care Review was held 1st March with all areas "MET" which was an excellent outcome.

It has been quite an interesting time with all the changes to the CDC Home Care Packages which started on the 27th February. We are now under the jurisdiction of My Aged Care, who allocate the packages to waiting clients. To be allocated a package you must be on the waiting list & are allocated on a needs basis. Anyone with an existing ACAR who has been allocated a level 1, 2, 3 or 4 package before the 27th February must be registered with My Aged Care. This will enable you to remain in the queue. This also applies if your needs have increased & you feel that you would benefit from a home care package.

To do this, the phone number to ring is 1800 200 422 & a very helpful operator will assist you with your enquiries. For those who are savvy with the internet, you will find all the information you require at: www.myagedcare.gov.au & of course my office door is always open to assist you with any question you may have. I may not have all the answers but I will always endeavour to find out.

We have several new clients who have come onto the service & have also lost some clients who have gone into care or relocated to be closer to family. Mr McColl & Nellie Cole have joined the Residential family at Finley Regional Care.

Staff wise we are losing a valued member of staff in September. Judy has decided to hang up her boots & retire gracefully. We wish her well & she will be sadly missed by staff & clients alike. Anne jetted off to England to see her family over there for a few weeks for a very well earned rest. I have welcomed Gloria, Gail and Ophelia to my team.

On the social side, invitations were sent out for our Australia Day Barbeque, Valentine's Day Luncheon, Cruise on the Paddle steamer at Yarrawonga & just our 90's & over luncheon. All those who attended these activities had a great time. I am sure everyone is looking forward to the next invitation to appear.

Signing off until the next time. Apologies for anything I have missed.

Shirley Ogilvie

Complete Care Co-ordinator

From the Leisure & Lifestyle Team Leader's Desk

Just a short message to thank all those who have helped while Wendy has been on a well-earned break. A get well soon message also to Debbie and Natalie who have been off with some health issues. The residents have missed you all dearly and are very much looking forward to your return.

A huge thankyou to Keith, Elizabeth and Leanne for all of their hard work providing our residents with wonderful activities and experiences and supporting me as we introduce new ideas and fun into our resident's day.

It gives the team such a sense of pride when we have visitors from outside such as the Men's Shed, The Finley Band, Retreat Dancers and various entertainers all comment on what a wonderful place Finley Regional Care is and how positive our home feels.

We have some very exciting things coming up such as Dancing with the Stars, a sensory space in house 1, Troppo Bob and his magic show, Drag Racing just to name a few.

Again, thank you to all who help make these things happen and an invitation to all who would like to get involved- you are always welcome.

Kristin Thow

Leisure & Lifestyle Team Leader

Some of our Activities held January - August

January 2017

Number of drives in Bus; Resident's Meeting – 10th; Fay's Quiz – 12th; Celebrated Australia Day with Music from Keith & Andy – 25th

February 2017

Singalong with Elvie -1^{st} ; Happy Hour -2^{nd} ; Craft & Men's Group -7^{th} ; Foot Spa's -8^{th} Morning Coffee -9^{th} ; Valentine's Luncheon -14^{th} ; James Moore Entertainer -15^{th} ; Bacon & Eggs H1 -20^{th} ; Art -21^{st} ; Men's Group with George Batten Talk -21^{st} ; Bacon & Eggs H2 & H3 -21^{st} ; Bacon & Eggs H4 & H5 -22^{nd} ; Music with Keith & Andy -22^{nd}

March 2017

Singalong with Elvie – 1st; Coffee Morning in Activity Room – 2nd; Craft – 7th; DVD of Finley & Tocumwal & Berrigan – 7th; Red Shift Entertainer – 8th; St Pat's Day Happy Hour – 16th; Fish & Chips Lunch – 28th; Music with Andy, Danny & Keith – 29th

From the Leisure & Lifestyle Team Leader's Desk

April 2017

Yarrawonga Lake Cruise – 4th; Singalong with Elvie – 5th; Residents Meeting – 11th; Bacon & Eggs H2 & H3 – 11th; Bacon & Eggs H4 & H5 – 12th; Grace & Carol Entertainers – 12th; Bacon & Eggs H1 – 21st; Malta Luncheon – 19th; Celebration of ANZAC Day – 26th; Happy Hour – 27th; Kite Program every Thursday morning

May 2017

Art – 2nd; Singalong with Elvie – 3rd; Craft – 9th; Fay's Quiz & Mother's Day Luncheon – 10th; Deb Ball Photos in Activity Room – 13th; Big Cuppa for Cancer – 23rd (raised \$699); Foot Spas – 24th; Mini Hamburger & Soup Luncheon – 30th; Music with Keith, Andy & Danny – 31st

June 2017

Soup & Sandwich Luncheon at Uniting Church – 6th; Singalong with Elvie – 7th; H1 Movie in Activity Room – 8th; Queen's Birthday Luncheon – 13th; Fay's Quiz – 14th; Over 90's Luncheon & Photo – 15th; Bacon & Eggs H1 – 19th; Retreat Dancers – 19th; James Moore Entertainer – 21st; Last Kite Program for Term 2 – 22nd; Happy Hour Pizza & Dixie Icecream – 22nd; Bingo with Judy Anderson – 23rd; Men's Shed BBQ & Entertainment – 28th

July 2017

Craft – 4th; Singalong with Elvie – 5th; Resident's Meeting – 11th; Grace & Carol Entertainers – 12th; Fay's Group – 13th; Bacon & Eggs H1 – 17th; Bacon & Eggs H2, H3, H4 & H5 in Activity Room – 18th; BBQ Lunch H1 Residents Birthdays – 19th; Kite Program Term 3 Commences – 25th; Music with Keith, Andy & Danny – 26th

August 2017

Kite Kids – 1st; Singalong with Elvie - 2nd; Fay's Quiz – 8th; Foot Spas – 10th; Ken Allen Entertainer – 16th; Finley Band – 23rd; Andy & Keith Entertaining – 30th.

Date to note in September is Friday 29th at 10.30am with *Troppo Bob and His Magic Show* coming to entertain our Residents and any interested visitors.

SOME OF OUR MANY BIRTHDAY CELEBRATIONS







RESIDENTS & CLIENTS BIRTHDAYS

We have celebrated the following Residents & Clients Birthdays in 2017

January

Mary K, John G, Kathy M, Keith B, Margaret P, Barbara B, Gerald A, Lila F, Annie P, Ernie S, Tibby K

February

Jacqui H (RIP), John C (RIP), Leila B, Dorothy M, Graham J, Lilian N, Elaine C, Mavis O, Janet B

March

Josef S, Pat M (RIP), Kevin H, Mary M (RIP), Ian P (RIP), Betty B, Pat H, Pat G, Kevan K, Liz T, Norma N

April

Janet C, Pam H, Norm Mc, Beth A, Newton Mc

May

Ken A, Ann H, Mary G, Bob J (RIP), Betty W, Frank C, Helen L, Ian D, Mary Mc, Wilma O, Nellie C, Sybil G

<u>June</u>

Keith H, Ena B, Wilma C

July

Dot R (RIP), Joan A, Wyn H, Rene G, Gordon F, Peter O, Bonnie K

August

Betty U & Cecilia Z

BIRTHDAY & CELEBRATION PHOTOS



































ACTIVITIES PHOTOS







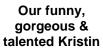
















ACTIVITIES PHOTOS



















STAFF HAPPENINGS



Operations Manager: Tanya Coulter

Reception: Tanya Diston

CSE: Rochelle Bosco, Jailen Ewing, Divine Hirwa,

Stacey Howes, Usha Kapair, Jenny Maconchie, Anita

Ormsby, Kimberley Shumack, Tessa Woods

Complete Care: Gail Thow

Hotel Services: John DeVreede, Sally Dudley

Medical Centre: Danielle Howell

We welcome all our new Staff and hope they enjoy their time at Finley Regional Care



RN: Anthony Au, Rosemary Seignoir

Team Leader: Thobe Madonko, Melissa White

CSE: Valda Hoolahan, Katelyn Hughes, Jully-Ann

Ndlovu, Jody Richman, Shirley Smith

Choice Packages: Helen Jaquinta

Maintenance: Simon Hougee

Medical Centre: Pam Edwards (RN)

We wish these resigned staff members best wishes for their future endeavours and thank them for their contribution to Finley Regional Care

STAFF HAPPENINGS

New Operations Manager – Tanya Coulter

Tanya joined Finley Regional Care in February 2017 in the new Operations Manager position. Tanya has settled into her new very busy role accepting the challenges with enthusiasm and working well with the Management Team.

Tanya and her husband Steve made the move from Queensland to Savernake in 2015 and her career background spans over 30 years in administration which includes disability, construction and project management. Tanya has 3 horses, is a member of Equestrian Australia as well as the Yarrawonga Mulwala Adult Riding Club and enjoys competing with her horses in her spare time.





New Receptionist - Tanya Diston

We welcomed Tanya, (yes fun and confusing at times having 2 ladies named Tanya working in Administration) as our Receptionist in March after Bridgette left us to move to Albury with her now husband Sam.

Tanya comes to us with a background in Aged Care and experience in Accountancy and she has settled in really well with our team providing us all with much needed help and being very helpful and friendly to our Residents and Visitors.

Tanya and partner Lachy live in Yarroweyah and Tanya is also a horse loving lady who competes in Rodeos, breeds and trains her own quarter horses as well as children's ponies.

NOTICE BOARD

PALLIATIVE EQUIPMENT FOR COMMUNITY

Dr Alam's ambition for those needing palliative care in our Community to remain in their own home as long as possible has been realised with generous donations from the Finley RS Club. Finley Regional Care has now purchased a Portable Bed, Air Mattress and Oxygen Concentrator which will be provided free of charge to those people in our Community requiring vital equipment to enable them to live at home as long as they wish during the end of life / terminal stages. Finley Regional Care will work in liaison with Finley Community Health to utilise this equipment. Further information can be obtained from Finley Medical Centre or Finley Regional Care. A special thank you is extended to Sharen Parmley, General Manager, Directors and Staff at Finley RS Club for the generous donations towards this very worthwhile community project.

AUXILIARY

We would like to especially thank our amazing Auxiliary who are having another successful year of fundraising for Finley Regional Care.

Their fundraising helps provide our Residents with extra equipment and / or items which add to the comforts and necessities here at our home.

If you would like to join this lovely group of ladies or can help them out in any way please contact President,
Marj Maxwell on 5883 3080.





COMMENTS & SUGGESTIONS

Finley Regional Care welcomes comments and suggestions about any aspects of our service including direct care, catering, cleaning and gardens. There is a form which can be utilised for the purpose and these are available throughout the facility or by contacting Administration on 03 5883 9600 Monday to Friday

NOTICE BOARD

RESIDENTS MEETING

Next Meeting is scheduled for Tuesday 10th October @ 10.30am All welcome

PRESENTATION OF YEARLY REPORTING

Meeting is scheduled for 18th October @ 7pm in the Activities Room All welcome

Residential - Care Recipient Feedback Survey 2017

Recently we emailed or posted the 2017
Residential – Care
Recipient Survey to each Resident's NOK.
Reminder to please take the time to complete this important survey and, where possible with the Resident.
Please we require these

completed Surveys no

later than Monday 11th

September 2017.

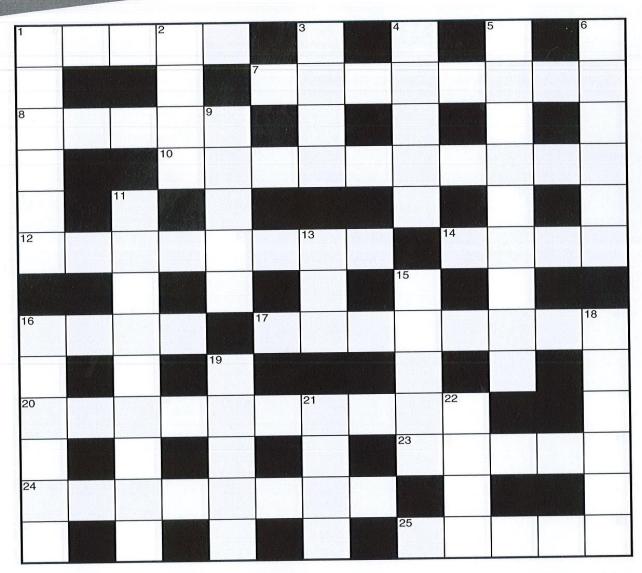
Emailing System

We have commenced using
Residents Next of Kin's
email addresses, where
provided, for notifications of
Resident's Surveys.
We will also start utilising
these email addresses to
notify of upcoming activities,
relevant messages etc.
If you would like to join our
emailing system please send
your email to:

reception@finleyregionalcare .com.au

GAMES - CROSSWORD

CROSSWORD 7



ACROSS

- 1. Duck's call
- 7. Increased in attractiveness
- 8. Edible innards
- 10. Tearing jaggedly
- 12. Negative consequence
- 14. Health resorts
- 16. Small island
- 17. Germ-free
- 20. Origins

- 23. Pulls sharply
- 24. Learns new job
- 25. Performed slalom

DOWN

- 1. Reported speech
- 2. Steam train fuel
- 3. One time only
- 4. Waterway
- 5. Being frugal
- 6. Wise sayings
- 9. Ewe's young

- 11. Windows over doors
- 13. Weep
- 15. Dirty-looking
- 16. Innate
- 18. Made to happen
- 19. Creep stealthily
- 21. Taverns
- 22. Became submerged

GAMES – FIND A WORD

Puzzle 102

FAMOUS FILMS

X G 0 KG S K D B S A C K Z S S THE OWNER OF THE OWNER O S N S F N Z S G K P G K S E G F A G S A E M M B G N A S C M R -K N S

ASSASSINS

BABE

BRAVEHEART

DESPERADO

FAME

GHOST

GREASE

HAMLET

JAWS

PARENTHOOD

POLTERGEIST

PSYCHO

RAMBO

SCREAM

TITANIC



CONTACT DETAILS

Chief Executive Officer – Ben Levesque
Operations Manager – Tanya Coulter
Director of Clinical Services – Jo Davis
Choice Package Co-ordinator – Shirley Ogilvie
Quality / ACFI Co-ordinator – Jackie Zorzer
Executive Assistant – Jacqui Brown
Finance Officer – Andy Anderson
Receptionist – Tanya Diston

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