



RIGHT ON TRACK



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*MERRY CHRISTMAS
EVERYONE
&
A HAPPY &
HEALTHY
NEW YEAR!*



From the Chief Executive Officer's Desk

Merry Christmas and Happy New Year to you all !!

I hope all our Residents, Clients, Patients, Families, Volunteers and Staff have a great time over the festive season.

As the year comes to an end we can look back at a very busy productive year where we saw our renovations completed which were “built with the assistance of the Australian Government”, along with many improvements around our home. We have had many celebrations during the year along with some very impressive birthdays. Our new Activities Room was officially opened by invited guest Hon Sussan Ley, Minister for Health, Aged Care & Sport, as part of our very successful Open Day held in November.

All the great things that have happened during the year come from a lot of hard work by our Board, Volunteers and hardworking and committed Staff, which altogether is the team that makes Finley Regional Care the great place it is. The care and dedication from the team as a whole is enormous and is what Finley Regional Care is about.

I thank the team at the Medical Centre, including our three Doctors – Dr Alam, Dr Mohan & Dr Priyantha, Nurses and Admin team who are to be congratulated on the professional services and care they provide.

I thank the Complete Care team, who provide wonderful and caring services to members of our community enabling them to stay at home comfortably.

I now wish to thank all the team that work in our Residential Home who have worked hard to provide services with dignity, pride, dedication as well as fun to all our residents. This includes all our Cleaning, Kitchen, Gardening, Activities, Admin and Care Staff.

From the Chief Executive Officer's Desk (cont)

We look forward to another positive year with the New Year approaching. We plan to have our Alumna Estate (Our Home) commencing next year; this will be an extensive development providing independent living units for members of the Finley community in a safe maintenance free environment. Once we have the approvals and plans finalised we will be able to discuss the options with interested members of the community.

We again will be facing many changes to legislation, particularly in the Home Care market, with more choice and options to the clients in the community. We are well placed to deal with these changes and can offer extensive services that set us apart from other providers.

The changes to funding from the Federal Government will again be tested next year and more than ever we need to be efficient in our operations and rely on donations and help from our volunteers. The assistance from the volunteers allows us to provide many activities for the resident that we would not be able to offer otherwise.

I would like to finish with sincerely thanking all our Residents, Patients, Staff, Volunteers, Board and Families for ongoing support and wish you all a very happy, safe, healthy and fulfilling new year.

Ben Levesque
Chief Executive Officer

**Our Staff ensure
our Residents enjoy
their birthdays!**

**Sharon, Rosemary
and Helen**



From the Director of Clinical Service's Desk

Welcome to the final Newsletter this year from the desk of the Director of Clinical Services.

Firstly, I would like to wish everyone a safe and happy Xmas, and thank our staff for the quality care they have provided to our residents and Complete Care clients throughout the year. We have had an extremely busy and productive year, with many changes occurring, all of which have enhanced the overall vision of Finley Regional Care. I am continually receiving glowing appraisals from family and visitors of the wonderful first impression people receive when entering our facility. Such comments confirm the pride our staff have in Finley Regional Care, and is a credit to them.

Progression to an electronic medication module has proven to be a smooth process and has been implemented by the medication staff very positively and proactively. Again I thank staff involved in the realisation of this system, along with pharmacist Ben Fifield for his input.

The ceiling hoists which have been installed throughout the facility have eased the manual handling load for staff and made the transferring process more comfortable for our residents. We are extremely fortunate to have such assistive equipment in our facility and plan to install further units in the future.

Very pleasingly our occupancy has remained quite constant throughout the year and is forecast to continue so into 2017.

Finally, I would like to thank the medical and executive teams for their ongoing support and assistance throughout the year. It really has been an enormous phase of progress and development, and I look forward to continued challenges and successes in 2017.

Merry Xmas to all.

Jo Davis

Director of Clinical Services

From the Choice Package Co-ordinator's Desk

How quickly time goes – Summer again & then Autumn – which is my favourite time of the year!

We are continuing to re-assess & work towards improving our services into 2017.

The changes to the Home Care Package Program that will commence on 27th February 2017 will not affect the existing clients already on a package. Anyone in the community who feel they may benefit from receiving a package before that date please contact me in person at my office or give me a call & I will provide you with the assistance you require.

I would like to take this opportunity to wish all our clients, staff & friends a very Merry Christmas and a safe and healthy New Year.

Shirley Ogilvie
Choice Package Co-ordinator

**Carmel & Jack
enjoying a
delicious
Hawaiian Lunch**



From the Quality Co-ordinator's Desk

Hello everyone and a Merry Christmas & Happy New Year to you all!

Just recently we had the ACFI Review Team of two Assessors who were here for three days reviewing Care Assessments that we provide to the government. This had both a positive and negative outcome which is something we can learn from in regards to the Government Subsidy in Age Care. This is again changing in 2017 as there is a Government Focus on reclaiming the funding from the Aged Care.

On 14th December 2016 we had our last review for the year from the Australian Aged Care Quality Agency. This outcome was positive with both receiving a "met". The standards reviewed were:

- 1.3 Education and staff development
- 3.2 Regulatory Compliance

Our assessor Jordan was pleased with the conversations that he had with care recipients, family members and staff. He advised that staffs knowledge as a whole was fabulous and their care for the residents and how to identify their needs was also very proactive.

Renovations completed in 2016 were seen as a beautiful compliment to an exquisite rural home and the ability to utilize capital funding towards the overhead lifters was monies well supported of resident care and safe manual handling for the staff.

All Policy and Procedures have now be updated which will be reviewed again in three years or as required. Updating Policy and Procedures ensures that we are continually up-to-date with any changes that have occurred across the four Aged Cared Quality Agency Standards and forty four outcomes.

This year has been a very successful year with many changes, improvements and developments and we look forward to continuing this process in 2017 with even more positive aspects to Aged Care.

Jackie Zorzer
Quality Co-ordinator

From the Leisure & Lifestyle Team Leader's Desk

We have been very busy the past couple of months in Leisure & Lifestyle with Christmas coming up all our residents, clients, staff and volunteers have been helping out with making some Christmas Present and cards.

Remembrance Day once again was a wonderful day with special guest speakers Norm Leviston and Jim White as well as our veteran residents making some heartfelt speeches that we are just so proud of.

In November we decided to have a "Happy Hour" and all residents who attended had an absolute ball and were thanked by all.

Activities so far have been going well after deciding to do a survey to ask residents what they enjoy most and what they would like to see added into the activities weekly sheet. We had lots of positive feedback and we will be keeping all our activities the same leading into 2017, which include:

- Skittles
- Church
- Laughing Yoga
- Bingo
- Slot Cars
- Craft
- Exercises
- Fay's Fun Quizzes
- Shopping Trolley
- KITE Program

We have been so lucky to regularly have the Finley Brass Band come to play as well as Ray McCartney, Elvie and Ken Allen.

From the Leisure & Lifestyle Team's Desk (cont)

We would like to once again thank all our volunteers for all the time and effort they all give to us which helps us greatly every single day. We hope they all enjoyed our Volunteer Afternoon Tea.

Some up-coming events that all are welcome to attend are:

- Carols with Santa
- Christmas Day
- Plenty more concerts
- Afternoon Teas

Please just ask our friendly administration staff for an activities sheet that will give you the times and dates of the week's activities.

We would just like to wish everyone a Merry Christmas & Happy New Year and look forward to seeing you all soon!

Leisure & Lifestyle Team



Volunteers Afternoon Tea

We held a special Afternoon Tea to acknowledge and thank our wonderful volunteers for their time, commitment and help to our Staff and Residents.

RESIDENTS & CLIENTS BIRTHDAYS

We celebrated or will celebrate the following Residents & Clients Birthdays in November & December 2016

November

Del M - 4th
 Stella J - 11th
 Eileen O - 10th
 Rosemary T - 11th
 Louisa G - 19th
 Betty B - 23rd
 Ivan B - 24th
 Rita L - 27th
 Betty D - 30th

December

John H - 3rd
 Pat L - 4th
 Joan R - 9th
 Peg P - 19th
 Tom W - 27th



Del



Stella



Rosemary



Louisa

FRC SLOT CAR WINNERS

Drivers Name	May Round 1	Jun Round 2	Jul Round 3	Aug Round 4	Sep Round 5	Oct Round 6	Nov Round 7	Dec Round 8	Total Champ Points
Bob		30	45	20	15	60			170
Betty D	20	40		30	40		25	60	215
Del	50	35	65		25	35	30	20	260
Frank		10	30		40	25			105
Graham	40	35							100
Geoff						50	30	20	210
Helen	55	35							90
Ian 2015 Champ	50	45	40	40		60	30	40	305
Ivan 2014 Champ	40		30	60	55	55	35	40	315 THIRD PLACE
John C		20		15	25	45		35	140
John G					20				20
Lachie			20	20		25			65
Ken								35	35
Louisa	20	50	45	50	15	35	30	15	260
Pat H	50	35	45	40	35	65	30	45	345 RUNNER UP
Sybil 2016 Champ	50	40	55	50	50	45	30	40	360 WINNER

	May Round 1	Jun Round 2	Jul Round 3	Aug Round 4	Sep Round 5	Oct Round 6	Nov Round 7	Dec Round 8
Drivers Name	Helen	Louisa	Del	Ivan	Ivan	Pat	Ivan	Betty



PAST SPECIAL EVENTS PHOTOS



**Rick, Kristin & Keith
dressed to impress for
Melbourne Cup**

**Ben, CEO, & Kristin
dressed up for the
Melbourne Cup**



**Remembrance Day was
held in our Activities Room
alongside our new ANZAC
window with special guest
speakers Norm Leviston
and Jim White.**



FRC OPEN DAY!



Hon Sussan Ley (Minister for Health, Aged Care & Sport), & Marj Maxwell (President FRC Auxiliary), proudly cut the Open Day Cake



Residents enjoyed our Open Day and helped us show off our wonderful newly renovated Activities Room and Houses to Hon Sussan Ley (Minister for Health, Aged Care & Sport)



With a room full of people and delicious nibbles and cake, made by our very talented Chef Jaice and the kitchen team, our Open Day was a huge success



FRC OPEN DAY!



Daryll Morris (Councillor), Ben Levesque (CEO), Eric Dean (President), Jenny McLeod (Director) & Dr Alam



Ben Levesque (CEO), Marj Maxwell (FRC Auxiliary President), Jaice Jacob (Chef) and Hon Sussan Ley (Minister for Health, Aged Care & Sport)



Ben Levesque (CEO), Eric Dean (President), Hon Sussan Ley (Minister for Health, Aged Care & Sport), Jenny McLeod (Director), Marj Maxwell (FRC Auxiliary President), Greg McNamara (Treasurer), Rand Wilson (Vice President) and Matt Hannon (Mayor of Berrigan Shire)

CHRISTMAS CHEER!



Christmas once again has been crazy busy with so much going on!

With so much laughter and cheer thanks to our Leisure & lifestyle making sure there has been plenty of Christmas Carols to enjoy for all!

STAFF HAPPENINGS

The following Staff were recognised for their continuous service over 10 years here at Finley Regional Care.

We especially thank them for their ongoing commitment and support.

Willy Baker: 26 Years

Debbie Barrie: 10 Years

Jenni Boulton: 12 Years

Chris Chivers: 20 Years

Pam Edwards: 26 Years

Jenny Graham: 10 Years

Di Gray: 10 Years

Janice Hill: 23 Years

Shirley Ogilvie: 21 Years

Wendy Sutton: 20 Years

Helen Whitaker: 12 Years

Lorraine Whittaker: 15 Years

Robyn Whitty: 16 Years

Caroline Young: 16 Years

Jacqueline Zorzer: 12 Years



STAFF HAPPENINGS



CSE: Justin Crowley, Brendan Thomas and Leanne Cordell

**We welcome Justin, Brendan & Leanne
and hope they enjoy their time
at Finley Regional Care**



ADMINISTRATION: Bridgette Levett

COMPLETE CARE: Jamiee Collier

CSE: Kim Hornby, Pam Humphries & Alicia Tate

HOTEL SERVICES: Jenny O'Hora

**We wish Bridgette, Jamiee, Kim, Pam,
Alicia & Jenny
our best wishes for their future endeavours
and thank them for their contribution to
Finley Regional Care.**

NOTICE BOARD

REMINDER! **FINLEY REGIONAL CARE RECIPE BOOK**

Please forward your recipe to
Administration by hand
or email to:

info@finleyregionalcare.com.au

We will look forward to
producing these
Recipe Books and then
offering them for sale with the
proceeds going to a special
purchase for the benefit of
our Residents.

It is easy to get back the
sounds you love



Join us for our
Hearing Health Check Day

Joke Time!

**My dog used to chase people on a
bike a lot.
It got so bad;
Finally I had to take his bike away.**

**Q: Why did the shark keep
swimming in circles?**

A: It had a nosebleed.

Thursday 19th of January 2017
At Finley Regional Care
Please make an appointment at
reception or call (03) 5883 9600

www.nhc.com.au

NOTICE BOARD

UPCOMING!

❖ Christmas Carols
21st December 2016

❖ Christmas
lunch/dinner
25th December 2016



CHRISTMAS / NEW YEAR OFFICE HOURS

Monday 26th December 2016
& Tuesday, 27th December

CLOSED

Wednesday 28th –
Friday 31st December 2016

9AM TO 12NOON

Monday, 2nd January 2017

CLOSED

Naming of the Activities Room!

We are excited
announce that our new
Activities Room has
been officially named
by our Residents as
the
“ACTIVITIES ROOM”

Receive Notices Easier & Faster!

Receive notices,
newsletters etc
via email.

Please send a request
email to

info@finleyregionalcare.com.au



GAMES – SUDOKU & BRIAN STRAIN

Sudoku

Medium

	2		8		7		1	
	1						5	
8		7				3		9
5				6				4
	9		5		3		6	
1				9				3
6		5				7		2
	3						4	
	4		7		2		8	

Hard

	5	9	2					7
1							5	2
	6			8		3		
			8			5		4
3		7			4			
		4		9			6	
2	3							5
9					7	4	1	

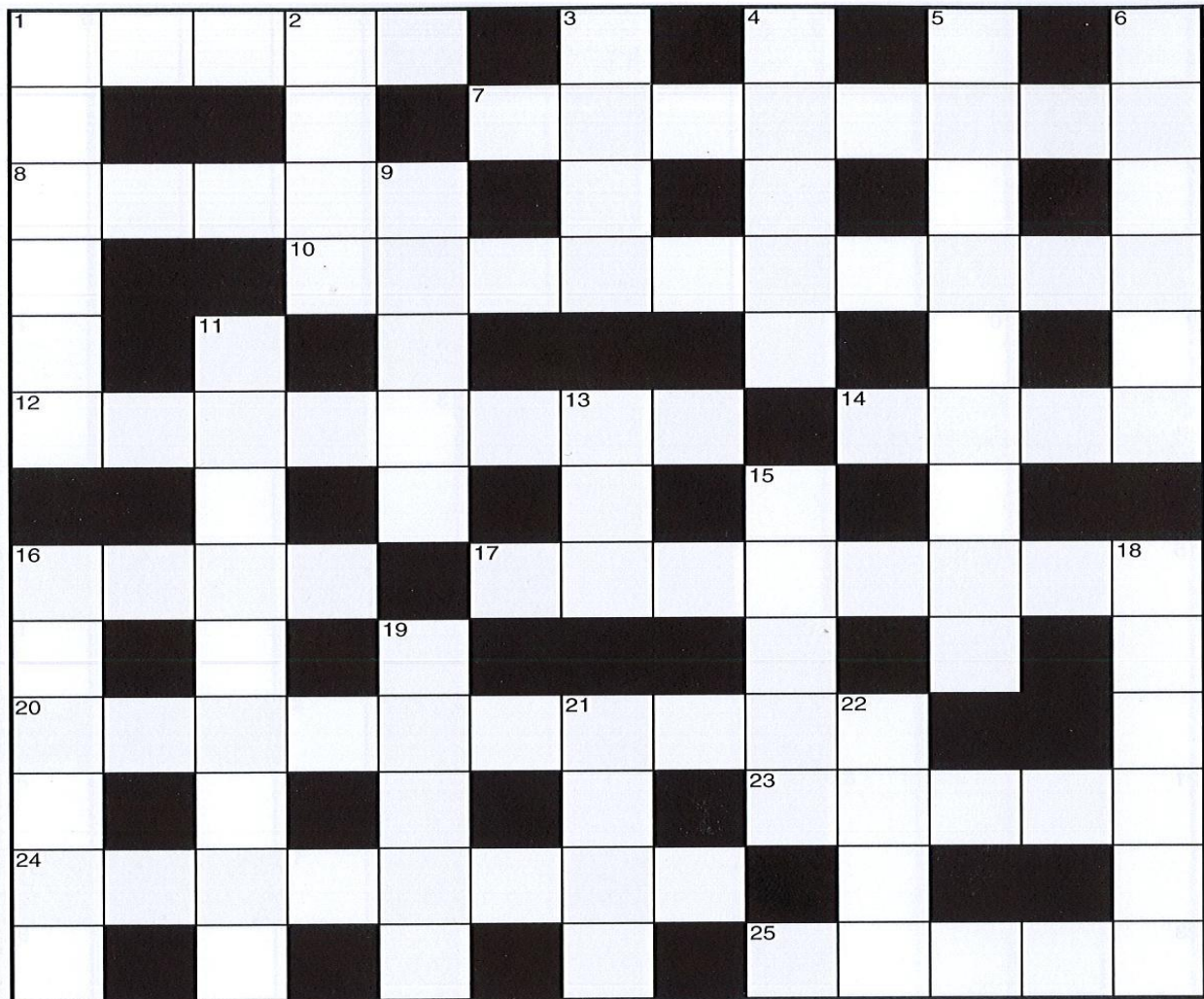
Brain Strain

This test requires you to say the colour the word is printed aloud. For example, if you see the word "Blue" printed in red ink, you should say "red". If you make a mistake, name the colour again correctly. Time yourself. How fast can you finish?

Red	Blue	Red	Yellow	Green	Yellow	Blue
Green	Red	Blue	Green	Yellow	Blue	Red
Blue	Yellow	Green	Red	Yellow	Red	Green
Red	Yellow	Blue	Green	Green	Blue	Yellow
Green	Red	Blue	Yellow	Red	Blue	Green
Blue	Yellow	Green	Red	Yellow	Red	Green
Yellow	Green	Yellow	Blue	Red	Green	Blue
Red	Blue	Red	Yellow	Green	Yellow	Blue

GAMES - CROSSWORD

CROSSWORD 7



ACROSS

- 1. Duck's call
- 7. Increased in attractiveness
- 8. Edible innards
- 10. Tearing jaggedly
- 12. Negative consequence
- 14. Health resorts
- 16. Small island
- 17. Germ-free
- 20. Origins
- 23. Pulls sharply
- 24. Learns new job
- 25. Performed slalom

DOWN

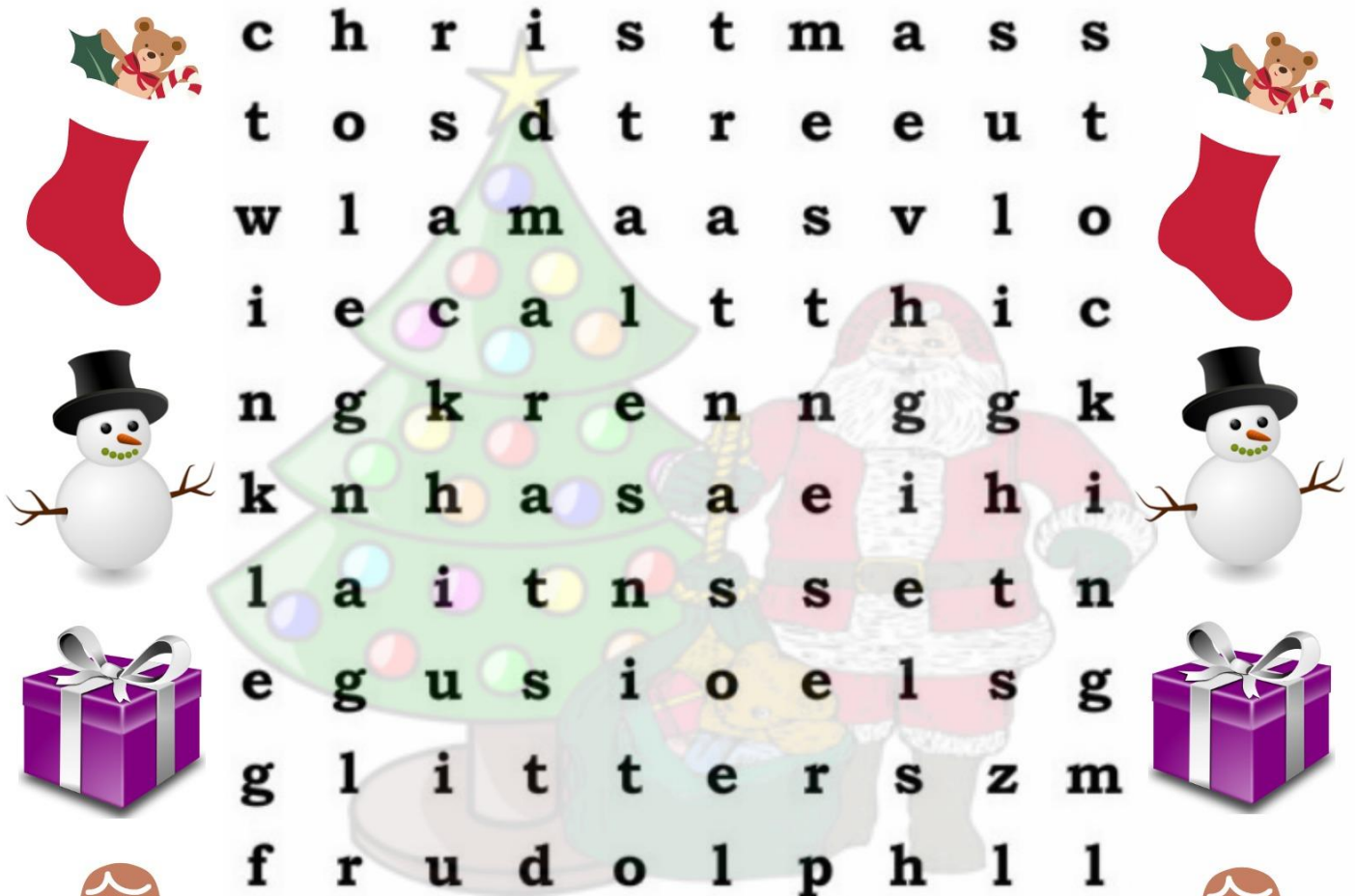
- 1. Reported speech
- 2. Steam train fuel
- 3. One time only
- 4. Waterway
- 5. Being frugal
- 6. Wise sayings
- 9. Ewe's young

- 11. Windows over doors
- 13. Weep
- 15. Dirty-looking
- 16. Innate
- 18. Made to happen
- 19. Creep stealthily
- 21. Taverns
- 22. Became submerged

GAMES – FIND A WORD

Merry Christmas Word Search

Search for the words going up, down, left and right.



tinsel

sack

lights

Rudolph

glitter

angel

stocking

presents

Santa

tree

sleigh

Christmas

twinkle

star

Finley Regional Care

CONTACT DETAILS

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Complete Care Co-ordinator – Shirley Ogilvie

Quality Co-ordinator – Jackie Zorzer

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