



## RIGHT ON TRACK

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***BOARD,  
MANAGEMENT  
AND STAFF  
WISH ALL OUR  
RESIDENTS, CLIENTS,  
PATIENTS  
AND THEIR FAMILIES  
AND FRIENDS,  
A VERY JOYFUL AND  
FULFILLING SPRING.  
PLEASE ENJOY OUR  
NEWSLETTER.***

## From the President's Desk

### Annual Report 2017 - 2018

On behalf of the Board of Management I am pleased to be reporting on such an exciting and successful year here at Finley Regional Care in my 2017 – 2018 President's Report.

Our big Alumuna project commenced back in December 2017 and there are almost 6 Independent Living Units constructed which is certainly creating a lot of interest and potential buyers.

During the past year we had two successful re-accreditations:

Finley Medical Centre passed 196 out of 200 outputs for the AGPAL Accreditation held on the 8<sup>th</sup> December 2017

Finley Regional Care Residential passed all 44 outcomes for the re-accreditation held 5<sup>th</sup> & 6<sup>th</sup> June.

Board of Management was extremely proud of these outcomes and thanked Ben Levesque, Chief Executive Officer, and his staff for all their ongoing diligence and hard work in being rewarded with these fantastic results.

We held a very successful Open Day on 19<sup>th</sup> April which gave us chance to once again show case our wonderful home plus provide information to the many interested persons who attended on all our services we provide to the Finley Community and beyond including Residential Care, Home Care, Medical Centre and Respite as well as provide information on Alumuna.

Back in July we were then advised that Finley Regional Care had been chosen as successful in a Federal Government Building Better Regions Fund (Infrastructure Projects stream) grant for \$1.2M which Finley Regional Care will then need to match. These funds will help us move forward with the 2nd stage of our Alumuna project quicker than we had anticipated and construct six more serviced independent living units plus four serviced one-bedroom apartments. We are extremely grateful to the Federal Government for these funds as this is a really important development, allowing Finley Regional Care to provide low-cost, affordable housing to seniors from our local area.

The units provide residents with independent living in maintenance-free, safe accommodation in a caring community, meaning our older citizens can be cared for in their own home as long as they wish to be there.

In December last year we welcomed a new Director, Alison Luelf. Alison brings to the Board of Management a wealth of knowledge with 39 years' experience working as a registered nurse in acute care, community services, education, management and aged care. Alison is certainly a valuable resource and member of our Board.

I would now like to take this opportunity on behalf of the Board to thank Chief Executive Officer, Ben Levesque, for his great leadership and management of Finley Regional Care; and also thank his Management Team Tanya Coulter (Operations Manager) and Jo Davis (Director of Clinical Services) and all Senior Staff, RN's, Care Staff, Leisure & Lifestyle Staff, Medical Centre Staff, Admin Staff and Hotel Services Staff for their ongoing commitment and dedication. Special thank you to our wonderful and hardworking Auxiliary and our amazing Volunteers who give their time so freely to our Staff and Residents. And also thank you to our three community minded caring doctors – Alam, Mohan and Priyantha for their ongoing commitment to excellence in health care. There have been great achievements this past year and it is certainly due to a team effort.

Finally, I would like to thank my fellow Board Members for their ongoing commitment and support throughout the year. Many hours are given freely to attend meetings apart from the monthly Board Meetings and I am grateful for their knowledge and expertise with the many projects past and future.

I look forward to another successful year ahead and although there will be many challenges, particularly with the recent discussions and now Royal Commission into Aged Care announced, I am confident Finley Regional Care will continue to provide the best of care to the community of Finley and beyond.

**Eric Dean**  
President  
Board of Management

# From the Chief Executive Officer's Desk

## Annual Report 2017 - 2018

What a busy and very successful year it has been. I am certainly happy to be able to provide you with an overview of achievements and improvements during the past year and thank the people who have helped make it happen.

### **Re-Accreditations**

The two very successful Re-Accreditations that our President touched on were certainly acknowledgment that my team are doing an amazing job both in Residential Care and at the Medical Centre. I want my team to know how much I value their ongoing hard work and commitment to Finley Regional Care.

I sincerely thank our Residents for allowing us the privilege of providing them with ongoing 24/7 care in their home. The team here at Finley Regional Care is certainly lucky to provide care for such a wonderful interesting group of Residents.

### **Alumuna**

Stage 1 of Alumuna is progressing with Kennedy Builders and all the contractors providing excellence in their work and in a timely manner.

With completion of the first 6 houses due in November and the different styles of houses able to be viewed from their surrounds, there is now a lot of interest being shown in these Independent Living Units from the Finley Community.

And as the President reported above we are so thankful for the Building Better Regions Funding grant for \$1.2million.

### **Residential Care**

We continue to challenge our standards to be able to provide quality care to our Residents as well as we are always looking at new and improved equipment to help provide our Residents and Staff with the best possible. It is evident from our successful re-accreditation this year the Residential Team go above and beyond providing care for our Residents and I am very proud of this team.

### **Complete Care**

Our Complete Care Team continue to provide high quality care and companionship to our Clients in the Berrigan Shire, which in turn helps keep them in their own home longer.

### **Medical Centre**

Our three Doctors – Alam, Mohan and Priyantha and their team continue to provide medical care to so many people in Finley and beyond which is second to none and this was also evident when this team successfully passed their re-accreditation December 2017.

## Improvements

I now wish to note a number of significant improvements we have achieved during the past year. These improvements all help to provide the best care possible for our Residents and working conditions for our Staff:

- Painting of common areas in Cluster 3 (houses 4 & 5) which has provided a lighter fresher environment
- New Curtains in Cluster 3 which have added a modern bright interior
- New bathroom built and another renovated to make 2 single ensuites in Cluster 3
- Automatic doors on House 1, House 3 & House 4 which have been greatly received by both Residents and Staff as they allow for easier access especially for Residents in wheelchairs
- Souped up program which is an online catering software program written by a Dietician, which provides complete dietary and menu management for our Residents. This program has greatly enhanced our already house-made menu for our Residents allowing for all recipes to be made from fresh produce sourced daily.
- Aeromax Pro Air Purifiers setup in Clusters 1 & 2 which provide clean air and reduces airborne viruses which is of great benefit particularly over the winter
- Preparing and Cooking of Meals on a monthly basis in each Cluster which has been greatly received by our Residents
- Increased Allied Health Services in Residential Care ie Physiotherapist, Dietitian, Dentist, Hearing Specialist
- Dementia Training for Management and Staff with Dementia Australia and changes in our Dementia area following this dementia training
- Provision for our Staff to receive 10% off membership at the community owned and run Finley Gym
- Tablets in all areas which allows staff to register Maintenance requests, Meal orders for our Residents to the kitchen and easy use of care systems

## Changes in Aged Care Industry

As I noted in a recent Newsletter there have been and will continue to be many changes in the Aged Care Industry, which are both very challenging and exciting. We will watch and wait for the outcome of the Aged Care Royal Commission but will embrace all required changes. Here at Finley Regional Care our Team is always looking for better ways to provide the best possible care and will adapt accordingly to changing legislation and expectations.

There are so many people who make up the team at Finley Regional Care that I wish and need to thank and congratulate on a job well done. Special thank you to the Board of Management for their ongoing support in allowing me to head up the team and present and progress new ideas. I also thank them for their ongoing commitment to Finley Regional Care and continuing to support Finley Regional Care's vision for the future.

Thank you to my senior management team Tanya Coulter, Operations Manager, and Jo Davis, Director of Clinical Services, Dr's Alam, Mohan & Priyantha, all the management team, leadership group, care staff, complete care staff, administration staff, hotel services staff, leisure & lifestyle staff and medical centre staff. Each and every one of you help contribute to the amazing team we have here, and I am very appreciative and proud to work alongside such a team.

**Ben Levesque**

Chief Executive Officer

## From the Leisure & Lifestyle Team Leader's Desk

Welcome to the Leisure & Lifestyle news which gives you all the activities we have provided for our Residents to join in and no doubt enjoy.

### **Regular Activities**

- On Mondays we have Bible Group, Craft, Bowls and Skittles. Our craft group have been making beautiful Birthday and Christmas Cards and then afterwards some more residents come and join the group for a cappuccino and chit chat
- Drag Racing continues fortnightly on a Tuesday and is lots of fun and excitement with Residents competing against each other
- High School students come each Wednesday morning from 9.30am – 11am. They go and chat with our Residents and then serve morning tea to them
- Pre School Children come Friday mornings to dance or sing for our Residents Singalong with
- Bingo is also on Fridays and Judy Anderson comes along with the gorgeous Red Hat Ladies and calls Bingo monthly
- Elvie continues to be enjoyed by our Residents on first Wednesday of each month
- Primary School children continue to come up fortnightly to do craft and join in with drag racing
- Our in-house entertainers - Andy & Keith, plus volunteer Danny play and sing the last Wednesday of each month, and the Residents love them.
- Residents enjoy a movie monthly
- Volunteer, Fay Quirk comes monthly and provides her monthly Quizzes and Proverbs to our Resident's which certainly gets them involved
- Happy Hour & Trivia is held monthly and this certainly creates a lot of chatter, enjoyment and noise from the Residents
- Bacon & Eggs are cooked in each house monthly and Residents love this experience
- Tai Chi is beneficial for our Residents with instructor, Di Krasowski and this is held just prior to our Gentle Exercises each week
- Gentle Exercises are held weekly but are now held Thursday afternoons

**September**

**11<sup>th</sup>** – New Catholic Priest, Fr Stephen Onyakwere, came for his first service here, and he will continue to come monthly

**13<sup>th</sup>** – We had a guest come in and show us some new brain training via computers for our Residents. It was interesting how well they could use the program

Also that day we had Dr Alam and a Counsellor speak on RUOK, and let Residents know we are here to listen and help

**18<sup>th</sup>** – Resident's meeting was held at 6pm. This time helped some families to be able to attend this meeting after work. Next meeting will be held at the same time on 15<sup>th</sup> January 2019

**19<sup>th</sup>** - Happy Hour with Trivia gets the brains working and is lots of fun. Residents then enjoy nibbles for dinner

**20<sup>th</sup>** – Afternoon Tea and entertainment for our Drought Relief Fundraiser. We raised \$500

**21<sup>st</sup>** – Joan & Ken celebrated their 70<sup>th</sup> Wedding Anniversary with a Morning Tea

**October**

**2nd & 30th** – Catholic Services. We had two this month as Fr Stephen will be away on November

**9th** – Ladies started to decorate hats for Melbourne Cup

**11<sup>th</sup>** – Blumes Fashions came, and our Ladies had a wonderful time looking at and buying clothes

**23<sup>rd</sup>** – Jo McGrath and husband came in and sang Country Music and they were enjoyed by our Residents

**24<sup>th</sup>** – Winners of the Footy Tipping had lunch out at the Tuppal Hotel. Winners were 1<sup>st</sup> – Rene, 2<sup>nd</sup> – Lila & 3<sup>rd</sup> – Betty B

**26<sup>th</sup>** – Red Hat Ladies came in to call Bingo

**31<sup>st</sup>** – Andy, Danny & Keith entertained at 1.30pm

**November**

**6<sup>th</sup>** – Melbourne Cup Day Activities including Sweeps, Afternoon Tea and prizes for Best Dressed Man & Lady, Best Hat and loads of fun

**13<sup>th</sup>** – Men's Outing

**14<sup>th</sup>** – Ray McCartney entertaining

**21<sup>st</sup>** – Residents BBQ Lunch & Information Session

**27<sup>th</sup>** – Finley Public School coming to help make Christmas Cards

**December**

All the usual exciting Christmas Activities including local Schools coming to sing Carols plus we prepare for Christmas Day and a visit from Santa Claus

**Wendy Sutton**

Leisure & Lifestyle Team Leader

## RESIDENTS & CLIENTS BIRTHDAYS

We were delighted to celebrate the following Residents & Clients Birthdays in September & October

### September

Shirley, Maureen, Don, Valda, Colleen, Tony, Eric & Noel

### October

Henry, Audrey, Robert (Crowie), Marie – 90th, June, Erna



We look forward to celebrating the following Residents & Clients Birthdays in November & December

### November

Eileen, Stella, Louisa, Betty B, Ivan, Edna, Rita, John Mc – 90th & Betty D

### December

John H, Pat – 90th, Peg, Pearl, Jean & Peter



# BIRTHDAYS & ANNIVERSARY CELEBRATION PHOTOS



**Congratulations !!  
Marie  
celebrated  
her 90<sup>th</sup>  
Birthday**



**Happy Birthday  
Wishes to Maureen  
(right), Shirley  
(bottom left), Erna  
(below) & Don (right)**



**CONGRATULATIONS!!  
Ken & Joan Andrews  
celebrated their  
\*\*\*70th Wedding  
Anniversary\*\*\*  
in September.**

**Ken & Joan pictured  
with their gorgeous  
daughter, & our work  
colleague, Judy**



# ACTIVITIES PHOTOS



**We had a guest come in and show us some new brain training program via computers for our Residents, which they really enjoyed**



**Finley High School Students come in and have great chats and enjoy morning tea with our Residents**



**Finley Primary School Students also come in and enjoy the excitement of Drag Racing with our competitive Residents**



**Residents enjoying entertainers Jo McGrath & Husband Graham.**



**Gorgeous Tulips made in craft session by Primary School Students**

## ACTIVITIES PHOTOS



**Farmers' Drought Relief Fundraiser**

**Residents, Visitors & Staff witnessed that man dressed as a duck-dressed as an Indian- using a cake tin and a lagerphone- doing a rain dance around bales of hay-covered with kids hand-prints and who successfully made it rain !!! Plus we raised just over \$500. Thank you to everyone who donated 😊**



# ACTIVITIES PHOTOS



**More Farmers' Drought Relief Fundraising photos – lots of fun, laughs and entertainment**



**RIP Elaine**



# ACTIVITIES PHOTOS

**Blumes Fashions, an Auxiliary Fundraiser, where our Ladies get to admire and then buy some new clothes**



**Finley High School Students enjoy chatting and having morning tea with our Residents**



**Finley Primary School Students enjoying craft and drawing as well as reading with our Residents**



## STAFF HAPPENINGS



**RN: Annamarie Donaghue**

**Hotel Services: Francine Baker, Kiah Gander-Price (Apprentice Chef) & Jalen Rogan (Traineeship Gardener)**

**CSE: Simon Page**

**Complete Care: Rick Sutton**

**We welcome our new Staff and hope they enjoy their time at Finley Regional Care**



**RN: Karen Talbot**

**Complete Care: Helen Freeman**

**Leisure & Lifestyle: Debbie Barrie**

**We wish these resigned staff members best wishes for their future endeavours and thank them for their contribution to Finley Regional Care**

## NOTICE BOARD

### ANNUAL REPORT

The Finley Regional Care's Annual Report for 2017 / 2018 is now available. Please collect from Reception.

## INVITATION

### Community Celebration of FRC's Past Year

On behalf of the Board of Management you are invited to a gathering here at

**Finley Regional Care in the Activities Room**

**on Wednesday 21<sup>st</sup> November 2018 at 7pm**

where we will share with you FRC's achievements and successes for the past financial year covering Residential Care, Complete Care and the Medical Centre. Board and Management will be more than happy to discuss any concerns or questions you may have regarding the negative press around Aged Care and the upcoming Royal Commission. The following will also form part of our evening:

- The 2017 / 2018 Financials will be presented and discussed for your information with a representative from Stubbs Wallace in attendance.
- Barie Barolli, Senior Financial Planner, Accredited Aged Care Specialist, Commonwealth Bank, will be in attendance to discuss financial implications of entering Aged Care and answer any questions you may have regarding this matter.
- Alumuna information update, including a presentation, plus what the \$1.2million Federal Government Grant will be utilized for with regard to this project.
- There will then be a discussion with those in attendance around Finley Regional Care helping people in our Community to be able to have a quality of life which is comfortable and safe whether this be in their own home or in our home, allowing them to continue to enjoy their life without feeling they are a burden to family or friends. There are so many considerations and questions prior to, and ongoing, utilizing aged care services.

Board and Management look forward to welcoming you to this interactive gathering and please feel free to invite any other interested persons. Supper will be provided.

Please RSVP your attendance to Reception on 03 5883 9600 during Business Hours or email [reception@finleyregionalcare.com.au](mailto:reception@finleyregionalcare.com.au) by Monday 19<sup>th</sup> November.



## NOTICE BOARD

### EMAILING SYSTEM

We have commenced using Residents Next of Kin's email addresses, where provided, for notifications of upcoming activities, relevant messages, newsletters etc. If you would like to join our emailing system, please send your email to:

[reception@finleyregionalcare.com.au](mailto:reception@finleyregionalcare.com.au)

### MELBOURNE CUP DAY

**6th November**

Come along from 2pm – 4pm for Melbourne Cup excitement including lots of Sweeps, yummy Afternoon Tea and prizes for Best Dressed Man & Lady, Best Hat and Lucky Spot



### COMMENTS & SUGGESTIONS

Finley Regional Care welcomes comments and suggestions about any aspects of our service including direct care, catering, cleaning, gardens.

There is a form which can be utilised for the purpose and these are available throughout the facility or by contacting Administration on 03 5883 9600 during Business Hours

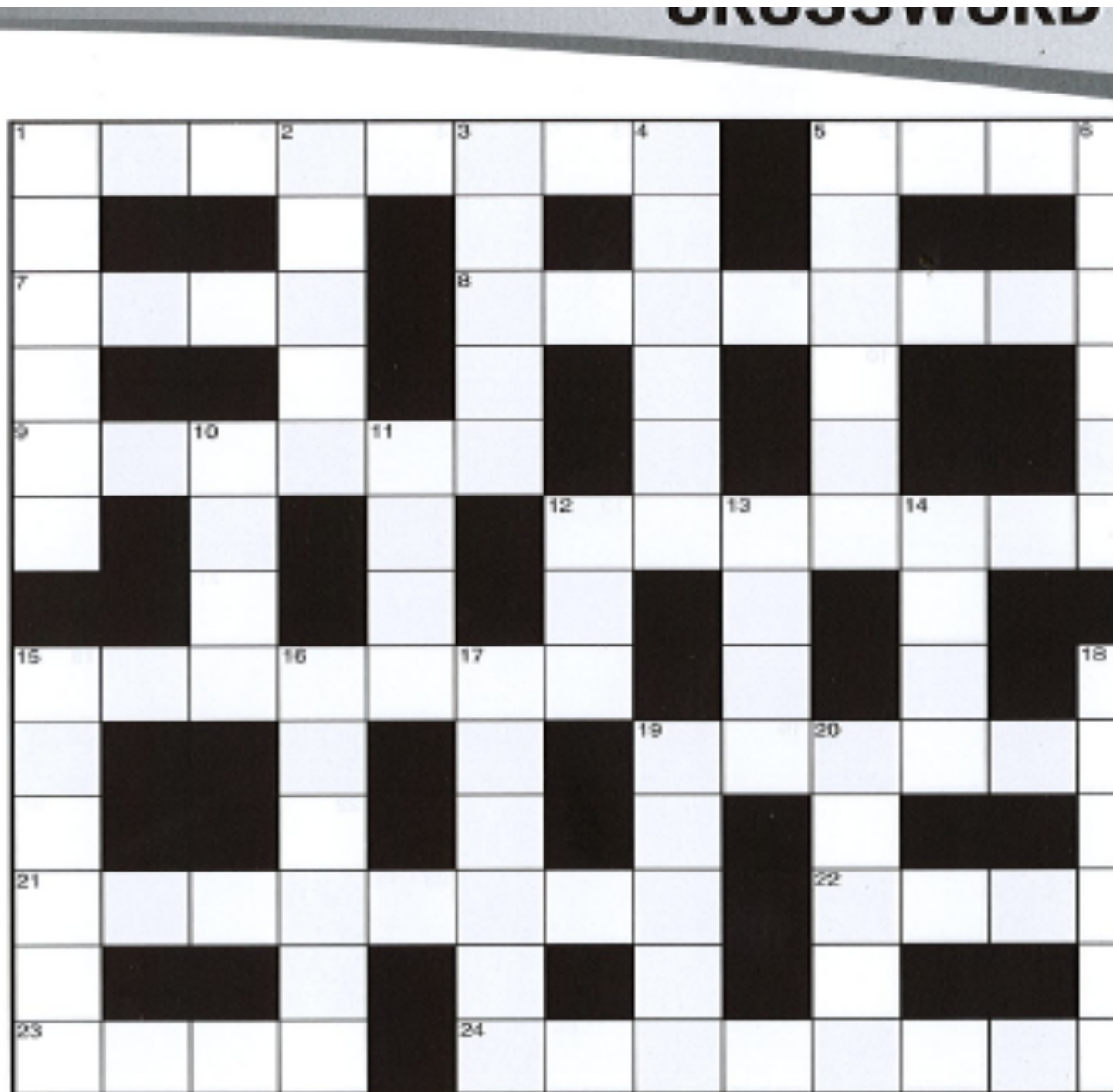


**Finley Regional Care & Alumna both have Facebook pages**

which we invite you to regularly view, 'Like' and 'Share'. We aim to keep you up to date with what's happening



# GAMES - CROSSWORD



## ACROSS

1. Prosperous
5. Long tale
7. Defrost
8. Embroided
9. Close at hand
12. File holders
15. Information sheet
19. Book, Anne Of  
Green ...
21. Replies
22. Heavy metal

23. Very small

24. Sheds

## DOWN

1. Performing
2. Drop (prices)
3. All
4. Red salad fruit
5. Took place after
6. Military students
10. Opera song
11. Male elephant

12. Overweight

13. Expelled mag

14. Sinister

15. Discovered

16. Limp

17. Became  
worthy of

18. Stage whispe

19. Helium &  
hydrogen

20. Light timber

# GAMES – FIND A WORD

Puzzle 22

## THE ROYALS

A	C	B	Y	N	P	M	M	U	O	U	L	D	L	C
Z	N	X	N	I	Q	G	A	O	U	L	D	L	B	I
H	U	N	L	S	E	U	M	I	G	R	H	D	M	Y
D	S	I	E	O	Y	F	I	H	L	R	N	O	G	C
C	H	A	R	L	E	S	T	Y	N	L	P	M	K	I
P	P	G	N	D	O	E	E	R	M	C	I	Q	I	Y
E	E	N	V	R	B	U	R	N	K	A	H	W	K	C
B	G	D	Y	A	J	P	A	E	T	N	Z	M	N	L
A	V	D	Z	W	S	T	C	H	Q	D	Z	N	O	O
Y	W	I	D	D	R	I	E	U	Z	R	Q	Y	M	P
K	L	E	D	E	R	N	Q	T	A	E	A	C	J	K
E	C	S	S	T	I	Q	B	Z	R	W	A	L	F	J
T	E	R	A	G	R	A	M	X	A	U	F	H	B	Z
Q	R	E	U	M	V	I	C	T	O	R	I	A	Z	D
U	B	E	A	H	A	R	R	Y	V	H	G	U	J	K

ANDREW

ELIZABETH

MARGARET

ANNE

EUGENIE

PHILIP

BEATRICE

GEORGE

VICTORIA

CHARLES

HARRY

WILLIAM

EDWARD

HENRY

ZARA



## CONTACT DETAILS

**Chief Executive Officer – Ben Levesque**

**Operations Manager – Tanya Coulter**

**Director of Clinical Services – Jo Davis**

**Complete Care Co-ordinator – Shirley Ogilvie**

**Quality Co-ordinator – Jackie Zorzer**

**Accommodation/ACFI Co-ordinator – Zoe Caspar**

**Executive Assistant – Jacqui Brown**

**Finance Officer – Andy Anderson**

**Receptionist – Tanya Diston**

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**Website: [www.alumuna.net.au](http://www.alumuna.net.au)**

