



OPERATIONS MANAGER REPORT

With the new Aged Care Act, Strengthened Standards and Support at Home Program ready to be implemented on November 1st our Quality and Compliance department has been very busy educating our staff, residents and families on the upcoming changes and how the changes relate to them.

Congratulations to our Kiribati team, who were invited to perform their traditional dances at the NSW Pacific Awards Night in Sydney on 24th September. They are great ambassadors of Finley Regional Care, and we continue to be very proud of our PALM Scheme staff from Kiribati. This talented group also performed locally at the recent Griffith Multicultural Festival on 11 October.

Pictured L-R: (Back row) Mareta Raion, Daniele Tabera, Tateeti Taraua, Siera Teaiwa, Katuaeana Beainibara, Lauaki Masima (NSW Council for Pacific Communities).

(Front row) Joyce Katutu, Raumoa Teia, Takeiti Sila.

Kylie Titlow
Operations Manager



COMPLETE CARE REPORT

Finley Regional Care/Complete Care currently has vacancies available for participants for the new Support at Home Program.

If you or someone you know is looking for compassionate, professional, and tailored in-home support, now is the perfect time to join our community. Our Complete Care/Support at Home service is designed to help individuals live independently and safely in their own homes, with care plans that reflect their unique needs and preferences.

What we offer:

- Personalised care coordination
- Assistance with daily living activities
- Medication support
- Social engagement and community connection
- Flexible scheduling to suit your lifestyle
- Seven-day-a-week essential care services.

Who is eligible?

We welcome referrals for individuals who:

- Are seeking support to remain living at home
- Require assistance with personal care, domestic tasks, or social support
- Are eligible for government-funded Support at Home Program
- Or you are looking to change Providers.



**Complete Care vacancies
NOW OPEN FOR NEW
Support at Home clients!**



How to apply:

To learn more or to refer a new client, please contact our Complete Care team at Finley Regional Care, on 03 5883 9600 or visit www.finleyregionalcare.com.au

Let's work together to support independence, dignity, and quality of life at home.

Helen Lewis
Complete care Coordinator



LEISURE AND LIFESTYLE

Hello residents, families and friends.

I won't tell you how many weeks it is until Christmas, I'll just say that preparations are taking place for the fun times.

It's been a busy month with our Activities as usual.

We celebrated Oktoberfest with a BBQ Dinner in the outdoor areas of each House. There was good food, good company, a drink of choice and beautiful weather, and everyone seemed to have had a good time. We shall be doing another one of these soon, before the weather gets too hot. Big thanks to the great catering team, our wonderful carers, and of course the great team in Leisure and Lifestyle, Meg and Deb.

We had entertainment, movies, Peter showed more history videos, which is always a hit, and some residents are enjoying Finley Men's Shed. The fabulous Retreat Dancers came and danced away the afternoon. We had Bus trips to the Model Railroader in Berrigan, and a trip to the Jerilderie Flower Show, with lunch in the park, as well as all the regular activities we do daily.

Some of our talented residents again this year entered Berrigan Show, with entries in the craft division, with knitted coat hangers. Shirley won first and Elaine a close second – great work, ladies. Thank you to Lesley (volunteer) and Agnus for getting these to and from Berrigan show.

Until next time, take care all and may laughter find you easily.



Kristine Bettridge
Leisure and Lifestyle Team Leader



PHOTO OF THE MONTH

Here are Dave and our wonderful pest control man, Mark, doing the yearly spider spraying – which gets a lot of giggles from the staff and residents!

WHAT CAN I DO WHILE WAITING TO RECEIVE A HOME CARE PACKAGE?

Home Care Packages are a great way to receive support in your own home that will help you remain as independent as possible for as long as possible. For many older Australians, Home Care Packages are a Godsend when you have care needs but aren't yet ready to move into an aged care facility. However, while there is plenty of upside to Home Care Packages, waiting times to receive one from the Australian Government can often be frustratingly long. And during that time, many people experience stress,

uncertainty or a decline in their health and wellbeing while waiting for their assigned services to begin.

So, what do you do if you're left waiting for a package of essential Home Care services that's going to be awhile coming – but your care needs aren't going anywhere? Here are some ideas to help bridge the gap while waiting for your government-funded package to be assigned: www.finleyregionalcare.com.au/what-can-i-do-while-waiting-to-receive-a-home-care-package.



FINLEY REGIONAL CARE OPEN DAY

Join us

IN CELEBRATING CARE, COMMUNITY & CONNECTION

**SAUSAGE SIZZLE,
TREATS,
REFRESHMENTS
& DOOR PRIZES!**

📅 **Wednesday 29 October 2025**

🕒 **Doors open 10am - 4pm**

📍 **26 Dawe Avenue, Finley NSW 2713**

- Meet & greet with our residents
- Tours of our facility
- Information stalls on everything Aged Care & Community Care
- Alumuna - Retirement Living
- Finley Medical Centre
- Dementia Alliance, Women's Auxiliary, Men's Shed, Proactive Physio
- Plus so much more

OUR VALUES



FAMILY



LIFESTYLE



INTEGRITY



APPRECIATION



RESPECT

Quality Care with Country Flair

finleyregionalcare
better tomorrow





WHERE YOU LIVE PLAYS A VITAL ROLE IN KEEPING YOUR BRAIN HEALTHY – HERE'S HOW?

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TRIVIA OF THE MONTH

K'gari is the traditional Aboriginal name for what was once known as Fraser Island. What does K'gari mean in English?

A: Heaven

D: Paradise

G: Idyllic

B: Utopia

E: Beautiful

H: Picturesque

C: Dreamland

F: Tropical

Answer to last month's trivia question:

Why were the kangaroo and emu chosen for Australia's coat of arms?

The answer is **f): Because they lack the ability to walk backwards, symbolising a country always moving forward.**



Finley Regional Care Auxiliary

Christmas Delights

Street Stall

Friday, 5th December
8:30am - 1:00pm

**All things
Christmassy!**

Homemade Biscuits
Cakes
Preserves

Plants
Gifts
Decorations

Support the residents of Finley Regional Care
All donations warmly welcomed!

More information:
President Sue Hand - 0419 831 544

finleyregionalcare
better tomorrow





LIFE ADVICE FROM A RESIDENT

"Eat well and enjoy life."

Marg Pether

QUOTE OF THE MONTH

*"What we have once enjoyed we
can never lose. All that we love
deeply becomes a part of us."*

Helen Keller

COMMUNITY NOTICE BOARD

Interested in volunteering?

Every thought of volunteering? Have a special skill or talent that you would like to share? Finley Regional Care is always on the lookout for enthusiastic volunteers to enhance and assist with the program of activities. There are many options for our volunteers, including craft, reading, activities and taking residents for walks. If you can spare an hour or so a week to come and help out, please contact our Leisure & Lifestyle team. Our residents are always happy to see a friendly face, and our volunteers will all tell you that their lives are richer for the time they spend here!



Finley Regional Care

A: 26 Dawe Avenue, Finley NSW 2713

P: 03 5883 9600

F: 03 5883 1123

E: info@finleyregionalcare.com.au

www.finleyregionalcare.com.au

Sign up for email notifications

Would you like to receive email notifications of upcoming activities, relevant messages and newsletters? Sign up by sending your email address to

✉ reception@finleyregionalcare.com.au

Comments & suggestions

Finley Regional Care welcomes comments and suggestions about any aspect of our service; including direct care, catering, cleaning and gardens. You can access the form used for this purpose in various places throughout our facility or contact Administration on ☎ **03 5883 9600** during business hours.

Lost and found

All valuables found in the facility are kept safe until collected by their owner. If you (or your family member) are missing any items, please call reception with a description of the item and hopefully we can help you find it.